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Under The Rose Apple Tree



Synopsis

In this sequel to *A Pebble for Your Pocket*, Zen teacher and poet Thich Nhat Hanh looks deeply at the issues that confront young people in today's society. Applying his unique insights to anger, family conflict, drug use, and sexual responsibility, he makes the ancient teachings of the Buddha relevant to adolescents by offering mindfulness practices as tools to help transform the suffering in their everyday lives. Ages 10-13.

Book Information

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Age Range: 8 - 12 years

Grade Level: 3 - 7

Customer Reviews

Thich Nhat Hanh is one of the most revered Zen teachers in the world today. His best-selling books include *Happiness and Peace Is Every Step*. He lives in Plum Village in southwest France, where he teaches the art of mindful living. Illustrated by Philippe Ames.

I purchased this book for my children to keep in their growing library. This is one of those books I treasure! The secrets of lasting happiness are contained within this author's readings. Having a discussion of the various sections of this book is very important to understanding how it could be applied. I also purchased, *A Pebble for Your Pocket* also by Thich Nhat Nanh. The simple things in life have so much to offer if we only take the time to enjoy them. You can grow together with your children rather than apart. This author's work must never be lost, I urge you to get a copy.

This book is wonderful and it's an easy read. I bought it for my 6 year old. I didn't think he would be interested because there aren't any pictures but we've been reading a couple pages each night and he's thoroughly enjoying it as am I.

Another Beautiful Text by Buddhist Master Thich Nhat Hanh. Deep, Compelling, and draws you in. A Great Experience!

As an adult, and a lover of Thich Nhat Hanh, this book had my inner child giggling with delight from Thay's simplicity and purity of mind and spirit. No matter your age, Thich Nhat Hanh's series for children will be a light for all.

Wonderful book

Every young person should read this book. Loved it!!!

This is sort of a how to manual for life from a great teacher. I recommend it highly for teens and pre-teens.

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